NEW MILFORD PARKS AND RECREATION

SPRING AND SUMMER 2021

NewMilfordRec.com
860-355-6050

NEW MILFORD
ABOUT US

Our Mission
The mission of the New Milford Parks and Recreation Department is to provide quality leisure opportunities in a safe and healthy atmosphere and to enhance the quality of life of the community through the responsible management of parks, recreation activities and natural resources. To meet these ends, the Parks and Recreation Department attempts to provide safe and wholesome recreational services of both a passive and active nature. Our goal is to create a balance of activities, special events and programs for any and all segments of the population.

Contact Information
Phone: (860) 355-6050
Fax: (860) 355-6052
Website: www.NewMilfordRec.com
Hours: Monday – Friday, 7:30 AM – 4 PM
Location: John Pettibone Community Center (JPCC) 2 Pickett District Road, New Milford, CT

Our Programs are Accessible to All
The New Milford Parks and Recreation Department is an equal opportunity agency and we do not exclude or discriminate with regard to our services, programs and activities regardless of race, color, religion, sex, natural origin, age, or disability. The Recreation Department is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. Efforts shall be made to accommodate the needs of any individual with any disability.

Scholarships are Available
Any New Milford resident may request a scholarship for Parks and Recreation services when a need exists. Requests must be made in writing on an official application form. All requests are kept confidential and will be evaluated based on financial and/or personal hardship. Applications are available at the Social Services Department at the John Pettibone Community Center, 2 Pickett District Road, New Milford.

Reserving a Town Park
New Milford residents may, with approval of the Parks and Recreation Director or Parks and Recreation Commission, reserve all parks except for Baldwin Park, Nostrand Trail and Ray Ramsey Park. A Park Reservation Form can be obtained at the Parks & Recreation Department or at www.NewMilfordRec.com.

Publicity
Program offerings are published at www.NewMilfordRe.com, our New Milford Parks and Recreation Facebook page and the New Milford Spectrum. Special information flyers are distributed through the schools and are available at the Library or Town Hall and can also be picked up at the Parks and Recreation office at the John Pettibone Community Center, 2 Pickett District Road, New Milford.

New Milford Gift Fund
As a governmental department, New Milford Parks and Recreation programs and services are limited monetarily. We do our best to provide high-quality recreation programs and well-maintained parks, trails and open space for the citizens of New Milford while constrained by our budgetary limits. We graciously accept tax-deductible gifts. A gift to the Parks and Recreation Department is a gift to the community and citizens of New Milford. We accept general monetary or material donations or you may wish to donate for a specific project, event or program. Please call today if you are interested in giving back to your New Milford.

Insurance
The New Milford Parks and Recreation Department does not provide accident insurance coverage for any of our programs or activities. Participants are advised to carry a personal accident insurance policy to protect them in the event of an injury.
**Gift Certificates**
Recreation programs make great gifts for that special someone. Call or stop by to purchase gift certificates for any of our programs.

**REGISTRATION**

Registering online is a great way to save time and can be accessed 24 hours a day. To register online, just follow these simple steps:

1. Go to www.NewMilfordRec.com
2. Click on “Account” and select “Create Account”. Create an account with your household name. Providing us with emergency contacts, allergy/medical information and more allows us to better serve you. It is recommended that you do not opt out of email notifications as it is our way to notify you of changes and cancellations.
3. Be sure to add all the members of your household into the account.
4. Once your new account is created, you can access your account at any time, view program information, register for programs, view account history and much more.

We accept online, phone, mail-in and appointment based registrations for most programs unless otherwise noted. There is a 3% non-refundable processing fee for any registration paid by credit/debit card. Fees cannot be accepted at the class site.

All programs listed in this brochure or online are open for registration on March 5th unless otherwise stated. We reserve the right to cancel any program not meeting enrollment requirements. All dates and times are subject to change. Please visit NewMilfordRec.com for updated information.

All fees and league deposits for youth, teen, adult and family programs are non-refundable unless a program is cancelled. If false information is given on a registration form, you will be asked to leave the program with no refund. Programs are open to all New Milford residents. Non-residents may register for most programs at an additional $20 fee.

Individuals who submit an invalid check for a Parks and Recreation program will be charged an additional $25.

**TOWN PARKS**

**All Park Hours:** ½ hour before sunrise to ½ hour after sunset every day.

**Addis Park**
Picnic area on the Housatonic River with a boat launch ramp. An annual vehicle sticker is required. Directions: Route 67 to 220 Grove Street.

**Andrew Gaylord Barnes Park**
Small passive area along the Housatonic River. Directions: Route 7 North to Boardman’s Bridge at 292 Kent Road.

**Baldwin Park**
Walking trail with native flowers and plants. Directions: Route 202 to Hipp Road, the park is on the left behind Schaghticoke School. Park your car and follow the path to the start of the trail.
Canterbury Pond
A small one-acre park used for fishing and ice skating. Directions: Route 202 North on the left side ¼ mile past the New Milford Police Department on Aspetuck Ave.

Carlson’s Grove
A very picturesque park along the East Aspetuck River. There is a field for passive and active recreation, fishing, a picnic grove and a playground. There is also a pavilion, available for group use, with picnic tables and grills. Directions: Route 202 to 10 Wheaton Road and the Park is on the right after the bridge.

Chappuis Park
A 1.43-acre open meadow on the banks of the East Aspetuck River. Directions: Route 202 North; make a left onto Van Car Road and a right on to 108 Paper Mill Road. The park will be on your right.

Clatter Valley
Approximately 100+ acres of open space for outdoor recreational activities, including horseback riding, cross country skiing, fishing, sledding, hiking trails and a pond. There is a pavilion with picnic tables and grills available for reserved group use. Directions: Route 67, turn right on to Grove Street, left on to Hine Hill Road. At the stop sign take a right to 158 Town Farm Road. The park will be on your right.

Emanuel Williamson Park
Park with playground area, basketball courts, and a picnic area. Directions: Route 7 North to Gaylor'sville. The park will be on your left at 643 Kent Road and Donna Drive.

Helen Marx Park
Two Little League Baseball fields with an overlapping soccer field located at 91 Housatonic Avenue.

Hulton Meadow
Small (3.69 acres) landscaped area along the East Aspetuck River with benches and picnic tables. Directions: Route 202 South to Grove Street, right turn onto Mill Street (small parking area at the bridge).

Lynn Deming Park
Lynn Deming Park opens on the Saturday of Memorial Day Weekend and closes on Labor Day. An annual vehicle pass is required. Animals of any kind are not permitted in the park. Smoking and vaping is permitted in the parking lot only. Alcohol and tobacco products are prohibited in the park. Complete copies of the park rules are available at the park entrance, the Parks and Recreation office, as well as online at www.NewMilfordRec.com. Gate attendants are on duty 24/7 from Memorial Day – Labor Day. After Labor Day security will be on weekends through September.
Location: 134 Candlewood Lake Road North
Lifeguards are on duty to enforce park rules and regulations. Parents are responsible for the safety of their child. Swimming after lifeguard hours is dangerous!
Lifeguard Hours:
- May 29 – September 6
  - Weekdays (until last day of school) 12 PM - 6 PM, (after last day of school) 11 AM - 6 PM
  - Weekends 11 AM - 6 PM
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<th>Item</th>
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<th>Requirements</th>
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Northville Soccer Fields 🏈
Two full-sized soccer fields located immediately behind Northville Elementary School at 22 Hipp Road. There is a walking trail that links the Northville Soccer Fields to Sullivan Farm. Directions: Route 202 North, turn left onto Hipp Road and turn right into the Northville School Parking lot.

Nostrand Trail 🏞️
Wilderness trail through 138 acres of land at 56 Squire Hill Road. Directions: Route 202 North; make a left onto Little Bear Hill Road and a right onto Squire Hill Road. Trail approx. ½ mile on the right at the top of the hill.

Pettibone Park 🏐️✔️
A park with a new state of the art playground, two softball fields and a multipurpose field. Directions: Route 7 south; make a left onto 2 Pickett District Road and the park is on your immediate right.

Pickett District Road Ball Fields 🏏️
Four baseball fields on 10 acres of land at 189 Pickett District Road. Fields are located on the left past Kimberly Clark

Ray Ramsey Park 🏳️‍🌈
Small landscaped square with benches and a kiosk listing community events. The park is located at the junction of Bridge and Railroad Streets, next to the Railroad Station.
Sarah Noble Soccer Fields
A two-acre parcel that contains a soccer field. The field may be accessed from the Sarah Noble Intermediate School or from the Home Depot stairs found on the right-hand side of the parking lot. The field is located on Route 7 directly behind Home Depot at 25 Sunny Valley Road.

Sega Meadows Park
Forty-three acres of undeveloped park land bordering the Housatonic River with a biking path, trails and fishing pond. Directions: Route 7 North, turn right onto Boardman Road, turn left onto River Road, the asphalt road turns into dirt and the park entrance will be on your left at 120 River Road.

Town Green
The New Milford Town Green is located on Main Street and boasts of being the prettiest Green in New England. It consists of a passive open space with a picturesque bandstand. The Green can be used by New Milford residents and groups if applied for and approved by the Parks & Recreation Commission or Parks and Recreation Director. Bandstand use is permitted until 9 PM.

Young’s Field
An active recreation area which offers a skate park, tennis and pickle ball courts, basketball court, playground, pavilion, and multi-use athletic fields. A walking trail, fishing dock and kayak portage is located across the street on the Housatonic River. Directions: Bridge Street to 6 Young’s Field Road.

EVENTS & TRIPS

All dates and times are subject to change.
Please visit our website for the most current information and guidelines.

Easter Egg Scavenger Hunt
Participate in our town wide scavenger hunt! We will provide a checklist on our website of all the eggs hidden throughout our parks. If you are able to find all of the eggs you will win a prize! For more details visit our website!

Put the Egg On The Map
The New Milford Parks and Recreation Department is inviting everyone to participate in creating one large spring themed egg outside of your home or business. The key is to use items you already have. Eggs must be at least 2ft x 1ft. These eggs help to show a sign of spring and coming together as a town. Register your egg on our website by 12 PM, March 26th, so that we can add your egg to our map. The map will be posted on our website by 4 PM on March 26th for all to access and use while they drive around to “hunt” for the eggs!

- Date: Saturday, March 27th
- Time: All day
- Location: Town of New Milford
- Cost: Free
- Registration: Online
**Fishing - Free Family Fishing Class (Virtual With An In-Person Field Day)**

Fishing is many things - spending quality time with your family and friends, a skill that lasts a lifetime, reduces stress and gets you out in the fresh air, connects you with natural resources, and creates memories that last generations. Join the CT DEEP CARE “Learn to Fish” program! The class is taught by state certified fishing instructor, Thomas Bourret. Learn the basics: equipment, bait, rules & regulations, how and where to fish, and how to care for your catch.

After the online class we invite you to sign up for a fishing trip at a predetermined location and time. Practice casting and tying knots, perfect your skills on the fishing trip! We are limiting our field classes to the first 20 people who sign up.

- **Date:** Wednesday, April 21st
- **Time:** 6:30 PM – 8:30 PM
- **Location:** Virtual
- **Cost:** Free
- **Registration:** Online

**Earth Day Celebration**

This year, we celebrate the 51st anniversary of Earth Day. The connection that we have to nature, plants, and the land is integral to our health. Earth Day reminds us to take care of our planet — whether it's cleaning up litter, planting more trees, recycling, re-purposing, or going on a walk in a green space. On April 24th, Parks and Rec will be hosting an Earth Day Celebration to help clean up our beautiful Lynn Deming Park and prepare for the upcoming season. We will have Earth Day crafts, a nature walk and more! Check our website for further information.

- **Date:** Saturday April 24th
- **Time:** 10 AM – 2 PM
- **Location:** Lynn Deming Park
- **Cost:** Free
- **Registration:** No registration required

**Kids Fishing Derby**

For kid’s ages 4-15, no fishing license required! Parents are welcome to help their child but not fish. Prizes will be awarded in different categories. All fish will be released back into Candlewood Lake. No fishing gear will be provided, please bring your own.

- **Date:** Saturday, May 8th
- **Time:** 10 AM – 12 PM
- **Location:** Lynn Deming Park
- **Cost:** $5
- **Registration:** Online

**Drive-In Trivia Night**

Join us for a fun night of trivia in the comfort of your car. Our host, Keith Alan, will try to stump your party with three rounds of trivia. The questions are fun for all ages and the winners of each round will be awarded a prize! You must download the speed quizzing app. Be sure your vehicle has working speakers and radio.

- **Date:** Friday, May 14th and July 23rd
- **Time:** 8:30 PM – 9:30 PM
- **Location:** Lynn Deming Park
- **Cost:** $10 per car
- **Registration:** Online
Family Fun Day
Join us for our first ever Family Fun Day at our beautiful Lynn Deming Park! There will be games, music and plenty of activities for the entire family to enjoy. We hope to see you there! This event is for New Milford residents.
- Date: Saturday, May 22nd
- Time: 11 AM – 2 PM
- Location: Lynn Deming Park
- Cost: Free
- Registration: No registration required

Drive-In Movie Theater Night
Join us for a double feature movie night at the John Pettibone Field this summer! Visit our website for movie and event details. One registration per vehicle. Be sure your vehicle has working speakers and radio.
- Date: Friday, June 18th
- Rain Date: Saturday, June 19th
- Time: 8:30 PM – 10:30 PM
- Location: John Pettibone Community Center Fields
- Cost: Resident $25 per vehicle
- Registration: Online

Annual Road Race - 8 Mile & 5K Run/Walk
The New Milford 8-Mile Road Race is the third oldest race of its kind in the state, and one of the most challenging in the area. Runners test themselves during this hilly course through rural New Milford. Held in conjunction with the Village Fair Days, this thrilling community event adds to the excitement, and energy of the weekend. Both the 8-Mile and 5K race will start at 8:30 AM. All runners are required to register by July 16th, there will be no day of registration.
- Date: Saturday, July 31st
- Time: 8:30 AM 10:30 AM (both 8-mile and 5K)
- Location: New Milford Town Green
- Cost: Resident and Non-Residents $30
- Registration: Online

Floral Arrangement Monthly Workshop
Join Susan Spanger of Bloomful Floral Design and exercise your botanical creativity by designing your own floral arrangement. Experiment with shape, line and symmetry while composing a beautiful, balanced creation. It’s a great way to bring wonderful fragrance and a seasonal look into your home or makes an excellent gift! Event fee includes all materials and 1.5 hour tutorial. This class is suitable for beginners or people with experience in floral design.
- Date: One Sunday, Every Month (check our website for current dates)
- Time: 2 PM – 3:30 PM
- Location: John Pettibone Community Center
- Cost: Vary by class
- Registration: Online
PRE SCHOOL ACTIVITIES

All dates and times are subject to change.
Please visit our website for the most current information and guidelines.

Ballet Princesses
Come and dance to the music of fairy tale princesses while learning the fundamentals of basic ballet and ballet terminology. Parents are invited to stay and watch their "princesses" perform! Feel free to dress up in ballet attire and/or your favorite character, or comfy clothes are ok.
  • Requirements: Anyone that is 3 years old and up must wear a mask, ballet shoes are encouraged
  • Coordinator: Lindsey Rourke Burk

Karate - Ages 3-4 Little Ninjas
This dynamic karate program, conducted by USA Martial Arts instructors, is designed specifically for children 3-4 years of age to learn basic martial arts skills, as well as respect, cooperation, leadership and fitness.
  • Requirements: A mask, comfortable clothing, water bottle
  • Coordinator: Susan Leeper and David Leeper

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<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
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<th>Fees</th>
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<td>3-4</td>
<td>Sa</td>
<td>4/24/2021 - 7/3/2021</td>
<td>9:30 AM - 10:00 AM</td>
<td>JPCC Gym</td>
<td>$65.00 Res, $85.00 Non-Res</td>
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<td>Little Ninjas</td>
<td>3-4</td>
<td>Sa</td>
<td>7/17/2021 - 9/25/2021</td>
<td>9:30 AM - 10:00 AM</td>
<td>JPCC Gym</td>
<td>$65.00 Res, $85.00 Non-Res</td>
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Soccer
Learn the fundamentals in this instructional league that plays on Saturday mornings. Soccer takes place at the Sarah Noble Soccer Fields (directly behind Home Depot). Please park to the far right of the parking lot and walk up the stairs to the left. Emphasis is placed on sportsmanship, teamwork and fun. Every child is placed on a team and plays in every game. Want to join in the fun with your child and friends? Parent volunteers are always needed to help run this program!
  • Requirements: A mask, shin guards, water bottle
  • Coordinator: Tracie Bramhall

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<td>4-6</td>
<td>Sa</td>
<td>4/3/2021 - 5/22/2021</td>
<td>9:00 AM - 10:00 AM</td>
<td>Sarah Noble Soccer Fields</td>
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**Tumblin’ Tikes**
Children and parents learn to play, sing, create and laugh together while romping to music, exploring our indoor play land, and meeting new friends. This program helps children develop sensory awareness and build motor skills. If needed, siblings are welcome to attend, but for safety reasons, they are not permitted on any of the equipment.

- **Requirements:** Anyone that is 3 years old and up must wear a mask; guardians must be present
- **Coordinator:** Michele Gasiewski

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<th>Time</th>
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<td>Fr</td>
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<td>10:15 AM - 11:00 AM</td>
<td>JPCC Gym</td>
<td>$70.00 Res, $90.00 Non-Res</td>
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**Archery**
Experience the sport of archery in a fun, safe and supervised environment. Four-week class, safety instructions followed by hands-on shooting.

- **Requirements:** A mask, no prior experience needed, bows and targets are provided. You must bring your own target arrows; an arm guard sleeve is highly recommended. Items can be purchased at Hall’s Arrows, Dick’s Sporting Goods, Amazon, Newberry Archery and more.
- **Coordinator:** Dez Volnixshin

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**Badminton**
Join us for badminton fun! Badminton is the second most popular sport in the world (next to soccer). We welcome all levels of players. Wear sneakers and bring your own racket. Please visit our website for the most current information.

- **Requirements:** A mask, bring your own racket, we accept all skill levels
- **Coordinator:** Kamkeung Ho, Mark Pernerewski

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**All dates and times are subject to change.**

Please visit our website for the most current information and guidelines.
Basic Boating Class
Earn your boating license here! Your attendance for all four classes is mandatory in order to receive your license. This course will fulfill the operating requirements for the State of Connecticut. Please visit our website for the most current information.

• Requirements: Attendance for all four classes. Children under the age of 16 must be accompanied by an adult throughout the entire program. New requirement this year - You must bring a photo ID of the person taking the class. If you are under 16 years old, a guardian can verify the child’s ID. You must go online to the CT DEEP website to obtain your conservation ID # prior to the start of the class. If you have a hunting or fishing license you already have that number, bring it to class.

• Coordinator: Chris Kuebler

Coding- Code To The Future
“Learning to Create the Future”
Online Classes that are Fun, Exciting, and Educational!
Do you like Video games? We can teach you how to make your very own video game!
Open to students ages 7-10 who are interested in learning computer programming in a fun and kid-friendly online environment. Our methods integrate both programming and game design, giving students a fun and well-rounded understanding of how to utilize technology to create. We combine world-class curricula and tools, with an exciting education model that makes learning programming a fun and supportive group experience.

• Requirements: A computer, Internet
• Coordinator: Rhodri Freeman

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Code To The Future</td>
<td>7-10</td>
<td>Tu</td>
<td>3/16/2021 - 4/27/2021</td>
<td>6:00 PM – 7:00 PM</td>
<td>Virtual</td>
<td>$110.00 Res, $110.00 Non-Res</td>
</tr>
<tr>
<td>Code To The Future</td>
<td>7-10</td>
<td>Tu</td>
<td>5/18/2021 - 6/29/2021</td>
<td>6:00 PM – 7:00 PM</td>
<td>Virtual</td>
<td>$110.00 Res, $110.00 Non-Res</td>
</tr>
<tr>
<td>Code To The Future</td>
<td>7-10</td>
<td>Tu</td>
<td>7/13/2021 - 8/24/2021</td>
<td>6:00 PM – 7:00 PM</td>
<td>Virtual</td>
<td>$110.00 Res, $110.00 Non-Res</td>
</tr>
</tbody>
</table>

Crafty Art for Kids
Children will explore with paint, oil pastels, clay and other mediums to create their own masterpieces. They will complete and take home a different art project each week.

• Requirements: A mask, clothes that you don't mind getting paint on!
• Coordinator: Roberta Baker

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crafty Art for Kids</td>
<td>6-9</td>
<td>Tu</td>
<td>3/23/2021 - 5/18/2021</td>
<td>4:30 PM - 5:30 PM</td>
<td>JPCC Room #8</td>
<td>$80.00 Res, $100.00 Non-Res</td>
</tr>
</tbody>
</table>

Cricket
During this program, we will go over the fundamentals of cricket (fielding skills, batting skills, and bowling skills). All equipment will be supplied.

• Requirements: A mask, sneakers and comfortable clothing
• Coordinator: Jay Singh

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cricket</td>
<td>7+</td>
<td>Sa</td>
<td>4/3/2021 - 5/22/2021</td>
<td>9:00 AM - 11:00 AM</td>
<td>Clatter Valley Park</td>
<td>$85.00 Res, $105.00 Non-Res</td>
</tr>
</tbody>
</table>
Golf – Junior’s Only
Calling all young golfers; Candlewood Valley Country Club has opened tee times for junior golfers in the New Milford area! This is a great opportunity to get outside, work on skills, and play with friends. Please note, this is non-instructional.

- Requirements: Each golfer will need to bring a set of clubs. Golf carts will not be available

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 Hole</td>
<td>14 - 18</td>
<td>T</td>
<td>7/6/2021 – 8/24/2021</td>
<td>3:30 PM – 7:30 PM</td>
<td>Candlewood Valley Country Club</td>
<td>$160.00 Res, $180.00 Non-Res</td>
</tr>
<tr>
<td>9 Hole</td>
<td>14 - 18</td>
<td>T</td>
<td>8/31/2021 – 9/28/2021</td>
<td>2:45 PM – 6:45 PM</td>
<td>Candlewood Valley Country Club</td>
<td>$160.00 Res, $180.00 Non-Res</td>
</tr>
</tbody>
</table>

Horseback Riding
Enjoy an intro to grooming, handling, and caring for the horses, all while learning the basics of English style riding. This program is for students ages 8 and older. Participants will be able to learn at their own comfort level as they practice the proper position and learn to steer and control a horse while mounted. There is a waiting room for parents to observe their child riding. If the weather becomes too cold unsafe for horse and rider, Quiet Rein reserves the right to cancel lessons. Please visit our website for the most current information

- Requirements: A mask, helmets supplied by Quiet Rein (or bring your own), riding boots or closed toe boots, and jeans.
- Coordinator: Quiet Rein Farm

Irish Step Dancing
All level class:
This class is open to all students of all skill level. Focus on mastering Jigs, reels and traditional set dances. This class is focused on fun and fancy footwork! Information will be provided regarding Class costumes and shoes.

Champs class:
Level: Pre-Open Level-Bun Grad C
Heavy focus on Hard shoe and advanced choreography.
This class is for competitive dancers that are preparing for the 2021 Provincial Championships.

- Requirements: Class size is limited to 12 dancers so we can safely follow social distancing protocol. Class will be held inside the building. Face masks are required when we are inside. Dancers must dress in comfortable clothes, bring a water bottle, and dancing shoes. Information about purchasing formal Irish Dancing Gillies (shoes) and traditional school costumes will be given to new students. Parents must drop off students for class at the cafeteria entrance of the JPCC.
- Instructors: Catie and Hali from Thorne Academy of Irish Dance

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Champs</td>
<td>6 - 16</td>
<td>M</td>
<td>3/15/2021 - 5/10/2021</td>
<td>5:00 PM - 6:00 PM</td>
<td>JPCC Cafeteria</td>
<td>$120.00 Res, $120.00 Non-Res</td>
</tr>
<tr>
<td>All Levels</td>
<td>6 - 16</td>
<td>M</td>
<td>3/15/2021 - 5/10/202</td>
<td>5:00 PM - 6:00 PM</td>
<td>JPCC Cafeteria</td>
<td>$120.00 Res, $120.00 Non-Res</td>
</tr>
<tr>
<td>Champs</td>
<td>6 - 16</td>
<td>T</td>
<td>3/9/2021 - 5/4/2021</td>
<td>5:00 PM - 6:00 PM</td>
<td>JPCC Cafeteria</td>
<td>$120.00 Res, $120.00 Non-Res</td>
</tr>
<tr>
<td>All Levels</td>
<td>6 - 16</td>
<td>T</td>
<td>3/9/2021 - 5/4/202</td>
<td>5:00 PM - 6:00 PM</td>
<td>JPCC Cafeteria</td>
<td>$120.00 Res, $120.00 Non-Res</td>
</tr>
<tr>
<td>Champs</td>
<td>6 - 16</td>
<td>W</td>
<td>3/3/2021 - 4/28/2021</td>
<td>5:00 PM - 6:00 PM</td>
<td>JPCC Cafeteria</td>
<td>$120.00 Res, $120.00 Non-Res</td>
</tr>
<tr>
<td>All Levels</td>
<td>6 - 16</td>
<td>W</td>
<td>3/3/2021 - 4/28/202</td>
<td>5:00 PM - 6:00 PM</td>
<td>JPCC Cafeteria</td>
<td>$120.00 Res, $120.00 Non-Res</td>
</tr>
<tr>
<td>Champs</td>
<td>6 - 16</td>
<td>R</td>
<td>3/4/2021 - 4/29/2021</td>
<td>5:00 PM - 6:00 PM</td>
<td>JPCC Cafeteria</td>
<td>$120.00 Res, $120.00 Non-Res</td>
</tr>
<tr>
<td>All Levels</td>
<td>6 - 16</td>
<td>R</td>
<td>3/4/2021 - 4/29/202</td>
<td>5:00 PM - 6:00 PM</td>
<td>JPCC Cafeteria</td>
<td>$120.00 Res, $120.00 Non-Res</td>
</tr>
</tbody>
</table>
**Karate - Kids Kicks**
This dynamic karate program, conducted by USA Martial Arts instructors, is designed specifically for children 5-6 years of age to learn basic martial arts skills, as well as respect, cooperation, leadership and fitness.
- Requirements: A mask, comfortable clothing, water bottle
- Coordinator: Susan Leeper and David Leeper

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kids Kicks - Spring</td>
<td>5-6</td>
<td>W</td>
<td>4/21/2021 - 6/23/2021</td>
<td>5:30 PM - 6:15 PM</td>
<td>JPCC Gym</td>
<td>$65.00 Res, $85.00 Non-Res</td>
</tr>
<tr>
<td>Kids Kicks - Summer</td>
<td>5-6</td>
<td>W</td>
<td>7/14/2021 - 9/22/2021</td>
<td>5:30 PM - 6:15 PM</td>
<td>JPCC Gym</td>
<td>$65.00 Res, $85.00 Non-Res</td>
</tr>
</tbody>
</table>

**Karate - Tang Soo Do**
This dynamic karate program, conducted by USA Martial Arts instructors, is designed specifically for ages 7 and up. This popular program was developed to provide each student with increased self-discipline and self-confidence, coordination, strength and a sense of accomplishment.
- Requirements: A mask, comfortable clothing, water bottle
- Coordinator: Susan Leeper and David Leeper

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Karate – Spring Wednesday</td>
<td>7+</td>
<td>W</td>
<td>4/21/2021 - 6/23/2021</td>
<td>6:15 PM - 7:15 PM</td>
<td>JPCC Gym</td>
<td>$75.00 Res, $95.00 Non-Res</td>
</tr>
<tr>
<td>Karate – Spring Saturday</td>
<td>7+</td>
<td>Sa</td>
<td>4/24/2021 - 7/3/2021</td>
<td>10:00 AM - 11:00 AM</td>
<td>JPCC Gym</td>
<td>$75.00 Res, $95.00 Non-Res</td>
</tr>
<tr>
<td>Karate -Summer Wednesday</td>
<td>7+</td>
<td>W</td>
<td>7/14/2021 - 9/22/2021</td>
<td>6:15 PM - 7:15 PM</td>
<td>JPCC Gym</td>
<td>$75.00 Res, $95.00 Non-Res</td>
</tr>
<tr>
<td>Karate – Summer Saturday</td>
<td>7+</td>
<td>Sa</td>
<td>7/17/2021 - 9/25/2021</td>
<td>10:00 AM - 11:00 AM</td>
<td>JPCC Gym</td>
<td>$75.00 Res, $95.00 Non-Res</td>
</tr>
</tbody>
</table>

**Music – Intro to Guitar**
If you're looking to learn guitar this is the program for you! Through six weeks you will learn the fundamentals, including scales, chords, tuning, arpeggios and rhythm.
- Requirements: A mask, your own guitar
- Instructor: Jody Cipot

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intro to Guitar</td>
<td>8-16</td>
<td>M</td>
<td>3/22/2021 - 4/26/2021</td>
<td>6:00 PM - 6:45 PM</td>
<td>JPCC Room #4</td>
<td>$165.00 Res, $185.00 Non-Res</td>
</tr>
<tr>
<td>Intro to Guitar</td>
<td>8-16</td>
<td>M</td>
<td>5/17/2021 - 6/28/2021</td>
<td>6:00 PM - 6:45 PM</td>
<td>JPCC Room #4</td>
<td>$165.00 Res, $185.00 Non-Res</td>
</tr>
<tr>
<td>Intro to Guitar</td>
<td>8-16</td>
<td>M</td>
<td>7/19/2021 - 8/23/2021</td>
<td>6:00 PM - 6:45 PM</td>
<td>JPCC Room #4</td>
<td>$165.00 Res, $185.00 Non-Res</td>
</tr>
</tbody>
</table>

**Warrior Kids**
Warrior Kids is a fun filled, fast paced, intellectually stimulating, and self-concept building class! Together we will find the fun in running, jumping, working hard, and learning from our mistakes. Classes are designed to push and increase each Warrior Kid's fitness level through physical fitness, games, obstacles, challenges, and teamwork. Warrior Kids will finish the course by running our Spartan inspired obstacle course! Join us and find your inner WARRIOR, with Warrior Kids!!!
- Requirements: Mask, comfortable clothes, water bottle and sneakers.
- Instructor: Barbara Crandell

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Warrior Kids</td>
<td>8-10</td>
<td>W</td>
<td>4/28/2021 - 7/14/2021</td>
<td>3:45 PM - 5:00 PM</td>
<td>JPCC Gym</td>
<td>$145.00 Res, $165.00 Non-Res</td>
</tr>
</tbody>
</table>
Rec-On Summer Camp
Get ready for your child’s best summer yet at New Milford’s favorite summer camp program! Our CPR and First Aid certified Counselors lead campers in a variety of activities designed to develop life skills and to have fun. Every day is different with games, arts and crafts, trips and more. If your student is attending summer school, the guardian is responsible for transportation to and from camp. Parks and Recreation will no longer meet summer school buses. Please register camper as what grade they just completed. Check our website for field trip options!

- Requirements: Mask, children must have completed Kindergarten to register, Closed toe shoes, Bagged lunch that does not need to be refrigerated, Water bottle, Sunscreen
- What to leave home: Technology. Parks and Recreation is not responsible for any lost or stolen property

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rec-On at NES</td>
<td>6-9</td>
<td>M, Tu, W, Th, F</td>
<td>6/28/2021 - 8/6/2021</td>
<td>9:00 AM - 3:00 PM</td>
<td>Northville Elementary School</td>
<td>$450.00 Res, $570.00 Non-Res</td>
</tr>
<tr>
<td>Rec-On at JPCC</td>
<td>6-9</td>
<td>M, Tu, W, Th, F</td>
<td>6/28/2021 - 8/6/2021</td>
<td>9:00 AM - 3:00 PM</td>
<td>John Pettibone Community Center</td>
<td>$450.00 Res, $570.00 Non-Res</td>
</tr>
<tr>
<td>Rec-On at SMS</td>
<td>10-12</td>
<td>M, Tu, W, Th, F</td>
<td>6/28/2021 - 8/6/2021</td>
<td>9:00 AM - 3:00 PM</td>
<td>Schaghticoke Middle School</td>
<td>$450.00 Res, $570.00 Non-Res</td>
</tr>
</tbody>
</table>

Science – Crime Solvers
Be a detective as you solve a series of crime mysteries! As you study clues, you’ll use science along the way, including genetic traits, fingerprints, natural elements, weather, and much more. You’ll even use a bit of history and geography to help solve these mysteries! Find out the answers at the beginning of each class.

- Instructor: Mary K. Corcoran is a Connecticut-certified science teacher, children’s book author, and former National Park Service ranger.
- How to get your science kit: Kits containing all the necessary supplies will be created for your child at the John Pettibone Community Center. We will contact you to schedule a time to pick up your child’s science kit!

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crime Solvers</td>
<td>8-10</td>
<td>Sa</td>
<td>3/13/2021 - 4/17/2021</td>
<td>11:15 AM - 12:00 PM</td>
<td>Virtual</td>
<td>$135.00 Res, $135.00 Non-Res</td>
</tr>
<tr>
<td>Crime Solvers</td>
<td>8-10</td>
<td>Sa</td>
<td>5/1/2021 - 6/5/2021</td>
<td>11:15 AM - 12:00 PM</td>
<td>Virtual</td>
<td>$135.00 Res, $135.00 Non-Res</td>
</tr>
<tr>
<td>Crime Solvers</td>
<td>8-10</td>
<td>Sa</td>
<td>6/19/2021 - 7/24/2021</td>
<td>11:15 AM - 12:00 PM</td>
<td>Virtual</td>
<td>$135.00 Res, $135.00 Non-Res</td>
</tr>
</tbody>
</table>

Science – What’s Inside
Start a virtual adventure with this six-week, action-packed workshop! We’ll begin by delving into a bit of genetics to solve a mystery, using fingerprints and genetic traits. Next, we will explore several systems of the human body—digestive, circulatory, and skeletal. You’ll watch your instructor’s owl pellet dissection, then dissect a pellet of your own! Check out what’s inside seeds with a seed dissection and observe their growth. Insect identification will be next, after which you’ll make a bug of your own! Study constellations and other celestial wonders with a look at astronomy!

- Instructor: Mary K. Corcoran is a Connecticut-certified science teacher, children’s book author, and former National Park Service ranger.
- How to get your science kit: Kits containing all the necessary supplies will be created for your child at the John Pettibone Community Center. We will contact you to schedule a time to pick up your child’s science kit!

<table>
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<tr>
<th>Activity</th>
<th>Ages</th>
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<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>What’s Inside?</td>
<td>8-10</td>
<td>Sa</td>
<td>3/13/2021 - 4/17/2021</td>
<td>10:00 AM - 10:45 PM</td>
<td>Virtual</td>
<td>$135.00 Res, $135.00 Non-Res</td>
</tr>
<tr>
<td>What’s Inside?</td>
<td>8-10</td>
<td>Sa</td>
<td>5/1/2021 - 6/5/2021</td>
<td>10:00 AM - 10:45 PM</td>
<td>Virtual</td>
<td>$135.00 Res, $135.00 Non-Res</td>
</tr>
<tr>
<td>What’s Inside?</td>
<td>8-10</td>
<td>Sa</td>
<td>6/19/2021 - 7/24/2021</td>
<td>10:00 AM - 10:45 PM</td>
<td>Virtual</td>
<td>$135.00 Res, $135.00 Non-Res</td>
</tr>
</tbody>
</table>
Soccer
Learn the fundamentals in this instructional league that plays on Saturday mornings. Soccer takes place at the Sarah Noble soccer fields (directly behind Home Depot). Please park to the far right of the parking lot and walk up the stairs to the left. Emphasis is placed on sportsmanship, teamwork and fun. Every child is placed on a team and plays in every game. Want to join in the fun with your child and friends? Parent volunteers are always needed to help run this program!

- Requirements: A mask, shin guards and a water bottle
- Coordinator: Tracie Bramhall

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Grades</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soccer</td>
<td>4-6</td>
<td>PK-1</td>
<td>Sa</td>
<td>4/3/2021 - 5/22/2021</td>
<td>9:00 AM – 10:00 AM</td>
<td>Sarah Noble Fields</td>
<td>$60.00 Res, $80.00 Non-Res</td>
</tr>
<tr>
<td>Soccer</td>
<td>7-9</td>
<td>2-4</td>
<td>Sa</td>
<td>4/3/2021 - 5/22/2021</td>
<td>10:15 AM - 11:15 AM</td>
<td>Sarah Noble Fields</td>
<td>$60.00 Res, $80.00 Non-Res</td>
</tr>
<tr>
<td>Soccer</td>
<td>10-13</td>
<td>5-7</td>
<td>Sa</td>
<td>4/3/2021 - 5/22/2021</td>
<td>11:30 AM - 1:00 PM</td>
<td>Sarah Noble Fields</td>
<td>$60.00 Res, $80.00 Non-Res</td>
</tr>
</tbody>
</table>

Summer Swim Lessons - Outdoor
We accept swimmers of all levels! Please see the American Red Cross swim level chart below to determine where your child fits best. Classes are 30 minutes in length for three weeks. Thunder and Lightning is a hazard for lessons. In the event of such weather, the water safety instructors will hold “out of water” lesson that contain important information that your child must know (why people drown, basic water safety, accident prevention, water hazards, and using the buddy system).

- Requirements: All level 1 and 2 swimmers will need a guardian in the water with them. All level 3 swimmers must bring their own pool noodle. Registration is on a first-come/first-serve basis.

AMERICAN RED CROSS SWIM LEVELS:

**Level 1** - Introduction to water skills: Purpose is to help students feel comfortable in the water. Class includes basic skills such as entries, submerging, holding breath, floating, kicking, and arm action.

**Level 2** - Fundamental aquatic skills: Purpose is to give students success with fundamental skills. New skills introduced include bobbing, turning over, gliding, front and back crawl, treading water, swim on side.

**Level 3** - Stroke development: Purpose is to build on the skills in Level 2 through guided practice. New skills include deep water entries, survival float, butterfly dolphin kick, rotary breathing, and basic rescue skills.

**Level 4** - Stroke improvement: For students who have passed Level 3 or can demonstrate proficiency in Level 3 skills. New skills in Level 4 include turns, shallow dives, swim underwater, feet first surface dives, front crawl, back crawl, breaststroke, butterfly, and elementary backstroke.

**Level 5** - Stroke refinement: For students who have passed Level 4 or can demonstrate proficiency in Level 4 skills. Class skills include standing dives, head first surface dives, flip turns, survival swimming, rescue breathing.

Sessions 1 Dates: 6/28/2021 - 7/15/2021
Session 2 Dates: 7/26/2021 – 8/12/2021
Location: Lynn Deming Park
Cost: $80.00 Res, $100.00 Non-Res
Days: M, Tu, W, Th

Time Slots:

Level 1 (Ages 3-5): 12:00 PM - 12:30, 12:40 PM - 1:10 PM, 2:20 PM - 2:50 PM, 6:20 PM - 6:50 PM
Level 1 (Ages 6+): 1:20 PM - 1:50 PM, 3:40 PM - 4:10 PM, 7 PM - 7:30 PM
Level 2 (Ages 5-17): 12:40 PM - 1:10 PM, 3:00 PM - 3:30 PM, 5:40 PM - 6:10 PM, 6:20 PM - 6:50 PM
Level 3 (Ages 5-17): 12:00 PM - 12:30, 3:40 PM - 4:10 PM, 4:20 PM - 4:50 PM, 5:40 PM - 6:10 PM
Level 4 (Ages 5-17): 1:20 PM - 1:50 PM, 3:00 PM - 3:30 PM, 7 PM - 7:30 PM
Levels 5/6 (Ages 5-17): 2:20 PM - 2:50 PM, 4:20 PM - 4:50 PM
**Tennis**
Learn a game you can play for a lifetime. Through the game of tennis, you can maintain fitness, enjoy the outdoors, and meet new people.

- Requirements: A mask, your own tennis racket, tennis shoes and a bottle of water
- Coordinator: Rob Gannon

<table>
<thead>
<tr>
<th>Activity</th>
<th>Ages</th>
<th>Day</th>
<th>Date Range</th>
<th>Time</th>
<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tennis</td>
<td>8-12</td>
<td>Sa</td>
<td>4/17/2021 - 5/22/2021</td>
<td>9:00 AM - 10:00 AM</td>
<td>Young’s Field Tennis Courts</td>
<td>$80.00 Res, $100.00 Non-Res</td>
</tr>
<tr>
<td>Tennis</td>
<td>13-17</td>
<td>Sa</td>
<td>4/17/2021 - 5/22/2021</td>
<td>10:00 AM - 11:00 AM</td>
<td>Young’s Field Tennis Courts</td>
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<tr>
<td>Tennis</td>
<td>8-12</td>
<td>Sa</td>
<td>4/17/2021 - 5/22/2021</td>
<td>11:00 AM - 12:00 PM</td>
<td>Young’s Field Tennis Courts</td>
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<td>Tennis</td>
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<td>Sa</td>
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<td>5:00 PM - 6:00 PM</td>
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<td>6:00 PM - 7:00 PM</td>
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<td>7:00 PM - 8:00 PM</td>
<td>Young’s Field Tennis Courts</td>
<td>$80.00 Res, $100.00 Non-Res</td>
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**Volleyball**
We will introduce the game of volleyball through positive coaching. The focus will be to develop skills and learn the game of volleyball with teamwork and sportsmanship. Please visit our website for the most current information.

- Requirements: A mask, comfortable clothing, sneakers, water bottle
- Coordinator: Lisa Stein

**ADULT ACTIVITIES**

All dates and times are subject to change. Please visit our website for the most current information and guidelines.

**Archery**
Experience the sport of archery in a fun, safe and supervised environment.

Four-week class, safety instructions followed by hands-on shooting.

- Requirements: A mask, no prior experience needed, bows and targets are provided. You must bring your own target arrows; an arm guard sleeve is highly recommended. Items can be purchased at Hall’s Arrows, Dick’s Sporting Goods, Amazon, Newberry Archery and more.
- Coordinator: Dez Volnixshin

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</tr>
</thead>
<tbody>
<tr>
<td>Archery</td>
<td>16+</td>
<td>Sa</td>
<td>4/24/2021 - 5/15/2021</td>
<td>12:00 PM - 1:00 PM</td>
<td>Hulton Meadow Park</td>
<td>$45.00 Res, $65.00 Non-Res</td>
</tr>
<tr>
<td>Archery</td>
<td>16+</td>
<td>Sa</td>
<td>6/05/2021 - 6/26/2021</td>
<td>12:00 PM - 1:00 PM</td>
<td>Hulton Meadow Park</td>
<td>$45.00 Res, $65.00 Non-Res</td>
</tr>
</tbody>
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**Badminton**
Join us for badminton fun! Badminton is the second most popular sport in the world (next to soccer). We welcome all levels of players. Wear sneakers and bring your own racket. Please visit our website for the most current information.

- Requirements: A mask, bring your own racket, we accept all skill levels
- Coordinator: Kamkeung Ho, Mark Pernerewski
Cricket
During this program, we will go over the fundamentals of cricket (fielding skills, batting skills, and bowling skills). All equipment will be supplied.
• Requirements: A mask, sneakers and comfortable clothing
• Coordinator: Jay Singh

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<th>Location</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cricket</td>
<td>7+</td>
<td>Sa</td>
<td>4/3/2021 - 5/22/2021</td>
<td>9:00 AM - 11:00 AM</td>
<td>Clatter Valley Park</td>
<td>$85.00 Res, $105.00 Non-Res</td>
</tr>
</tbody>
</table>

Fitness – Pilates (Virtual and In-Person Options Available)
The perfect complement to cardiovascular exercise, sport, rehab and life, Pilates exercises will leave you looking toned, feeling revitalized and moving with ease. Great for all ability levels, men and women. Please visit our website for the most current information.

**Tuesday Pop Pilates** - Pop Pilates is an incredible fusion of ab-chiseling and total body defining moves choreographed to upbeat pop songs. This intense, mat-based workout challenges student to rhythmically flow from one exercise to the next, developing a rock-solid core while leaving no muscle untouched.

**Thursday Mat Pilates** - Mat Pilates is a wonderful total body workout focusing on quality over quantity to lengthen and strengthen your muscles and increase core stability. With an emphasis on breath, core conditioning and body awareness, Pilates is a safe and highly effective way to stretch, strengthen and streamline your body without building bulk or stressing your joints.

• Requirements: A mask, a mat, comfortable clothing, water bottle, recommended to purchase a 7-9-inch Pilates ball for use in class.
• Coordinator: Jen Estrada

Fitness - Pound Class (Virtual and In-Person Options Available)
Sweat, sculpt and rock in this cardio jam session inspired by drumming. You won’t just listen to music-you’ll become the music in this exhilarating full-body workout that combines cardio, conditioning and strength training with yoga and Pilates inspired movements. Designed for all fitness levels, POUND, provides the perfect atmosphere for letting loose, getting energized, toning up and rockin’ out! Please visit our website for the most current information.

• Requirements: A mask, one or two mats, comfortable clothing, water bottle
• Coordinator: Jen Estrada

Fitness - Zumba (Virtual and In-Person Options Available)
This is one big cardio party! This class is filled with exciting Latin and International dance moves like Salsa, Merengue, Cumbia, Reggaeton, Samba, Flamenco, Pop and more! Get down and dance while you burn calories. Please visit our website for the most current information.

• Requirements: A mask, comfortable clothing, water bottle
• Coordinator: Jen Estrada
Golf - 9 Hole Golf League
Want to brush up on your golf game or get out for a little rest and relaxation? Look no further! Join our weekly Tuesday night, men and women, 9-hole league. Golfers of all abilities are welcome. Greens and cart fees for 9 holes are included. Golf handicaps are not needed! Candlewood Valley Country Club’s head golf professional, Scott Eckelman, PGA, will score the league weekly and you will get points for showing up! Long drive and closest to the pin contests will be held each week. Prizes are given at the end of the session for the top three finishers in the league.

- Requirements: Each golfer will need to bring a set of clubs, however, there are rentals available.
- Coordinator: Scott Eckelman

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<tbody>
<tr>
<td>9 Hole League</td>
<td>18+</td>
<td>T</td>
<td>5/11/2021 – 6/29/2021</td>
<td>4:00 PM – 8:00 PM</td>
<td>Candlewood Valley Country Club</td>
<td>$285.00 Res, $305.00 Non-Res</td>
</tr>
<tr>
<td>9 Hole League</td>
<td>18+</td>
<td>T</td>
<td>7/6/2021 – 8/24/2021</td>
<td>4:00 PM – 8:00 PM</td>
<td>Candlewood Valley Country Club</td>
<td>$285.00 Res, $305.00 Non-Res</td>
</tr>
<tr>
<td>9 Hole League</td>
<td>18+</td>
<td>T</td>
<td>8/31/2021 – 9/28/2021</td>
<td>3:30 PM – 7:30 PM</td>
<td>Candlewood Valley Country Club</td>
<td>$285.00 Res, $305.00 Non-Res</td>
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Horseback Riding Lessons
Enjoy an intro to grooming, handling, and caring for the horses, all while learning the basics of English style riding. This program is for students ages 8 and older. Participants will be able to learn at their own comfort level as they practice the proper position and learn to steer and control a horse while mounted. There is a waiting room for parents to observe their child riding. If the weather becomes unsafe for horse and rider, Quiet Rein reserves the right to cancel lessons. Please visit our website for the most current information.

- Requirements: A mask, helmets supplied by Quiet Rein (or bring your own), riding boots or closed toe boots, and jeans.
- Coordinator: Quiet Rein Farm

Softball
This is a Monday-Friday slow pitch league. Different divisions of play, Men's and Women's Leagues run from May-August. The League will begin on Monday, April 19, 2021. If you would like to register a team or join a team, please contact the Parks & Recreation Department.

Tennis
Learn a game you can play for a lifetime. Through the game of tennis, you can maintain fitness, enjoy the outdoors, and meet new people.

- Requirements: A mask, your own tennis racket, tennis shoes and a bottle of water
- Coordinator: Rob Gannon

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<tr>
<td>Tennis</td>
<td>18+</td>
<td>Sa</td>
<td>4/17/2021 - 5/22/2021</td>
<td>8:00 AM - 9:00 AM</td>
<td>Young’s Field Tennis Courts</td>
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Yoga
Adult Gentle Yoga - Let Dawn guide you through gentle yoga moves that are perfect for all levels. Learn breathing and relaxation techniques to take off the mat and out into the real world. Enjoy some stretching and leave class feeling calm and rejuvenated! Please visit our website for the most current information.

- Requirements: A mask, a yoga mat
- Coordinator: Dawn Delpha
Dog Training with Donna

Donna has over 15 years of hands-on canine training experience. Donna works hard to help each dog guardian have the tools and knowledge needed to build a stronger and healthier relationship with their dog. www.tlcdogtrainer.com

*All classes require proof of rabies at the first class.

S.T.A.R. PUPPY

The AKC S.T.A.R. Puppy is an exciting program designed to get dog owners and their puppies off to a good start. The S.T.A.R. puppy program includes the following: basic puppy-raising information (jumping, house training, nipping...), basic obedience skills, how to better communicate and understand the language of dogs, and what is needed for responsible pet ownership. This program is designed for dogs less than 7 months in age who have not had any prior group experience.

TWEENER

Is your dog 7 months or older and never attended a basic obedience class? Then this is the group class for you! The Tweener class will cover all basic obedience skills (including how to infuse these skills as part of everyday life), how to better communicate with and understand the language of dogs, and what is needed for responsible pet ownership. *This is not a reactive dog class.

Each dog needs to be privately evaluated by the instructor.

Basic Obedience 2

Has your dog completed either the S.T.A.R. Puppy or Tweener Class and you’re looking for the next level of training? Then this is the group class for you! The Basic Obedience 2 class is the next step of basic obedience skills taught in either the Star Puppy or Tweener Class.

Canine Good Citizen Class

The Canine Good Citizen Course (CGC) is designed to recognize dogs who have good manners at home and in the community. This nationally recognized program stresses responsible dog ownership for owners, good manners for dogs, and formalized basic obedience training. All dogs who pass the 10 CGC evaluation may receive a certificate from the American Kennel Club.

*This is not a reactive dog class. Each dog needs to be privately evaluated by the instructor in terms of temperament and basic obedience skills.

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<tr>
<td>S.T.A.R. Puppy</td>
<td>18+</td>
<td>W</td>
<td>3/17/21 - 4/21/21</td>
<td>5:00 PM - 5:50 PM</td>
<td>JPCC Room #8</td>
<td>$185.00 Res, $185.00 Non-Res</td>
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<tr>
<td>Tweener</td>
<td>18+</td>
<td>W</td>
<td>3/17/21 - 4/21/21</td>
<td>6:00 PM - 6:50 PM</td>
<td>JPCC Room #8</td>
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<td>Basic Obedience 2</td>
<td>18+</td>
<td>Th</td>
<td>3/18/21 - 4/22/21</td>
<td>5:00 PM - 5:50 PM</td>
<td>JPCC Room #8</td>
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<td>Canine Good Citizen Class</td>
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<tr>
<td>S.T.A.R. Puppy</td>
<td>18+</td>
<td>W</td>
<td>5/12/21 - 6/16/21</td>
<td>5:00 PM - 5:50 PM</td>
<td>JPCC Room #8</td>
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The Parks and Recreation Commission meets once a month.
Please join us and bring your ideas and suggestions.

Dates: 3/15/21, 4/19/21, 5/17/21, 6/21/21, 7/19/21, 8/16/21, 9/20/21, 10/18/21, 11/15/21, 12/20/21
Location: Virtual until further notice
Time: 7 PM

Full-Time Parks and Recreation Staff
Daniel Calhoun – Director of Parks and Recreation  
Laura Murphy - Director of Programs and Event  
Jeanne Radcliff  
Dianne Littlefield  
Bill Faure  
Blaze Tuz  
Kevin Swanson  
John Moniz  
Joe Cole  
Patrick Archiere  

New Milford Parks and Recreation Commission
Alfred Esposito – Chair  
Thomas Beecher – Vice Chair  
Lisa Lawson – Secretary  
Lisa Gallick – Member  
William Kamp – Member  
Tom Saunders – Member  
Paul Szymanski – Member

Please visit our website to submit your ideas and suggestions!
NewMilfordRec.com